



Winter Warriors Feedback

PHYSICAL HEALTH

53% of children's and 72% of parents/guardians' physical health worsened due to the pandemic and subsequent lockdowns



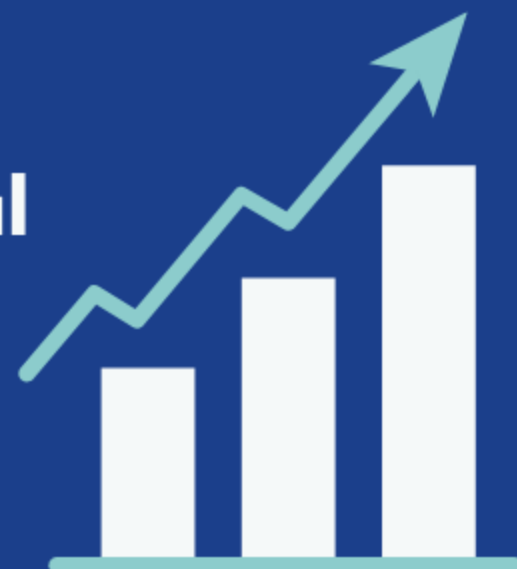
62% of children **53%** of parents/guardians felt an improvement in their physical health

PHYSICAL ACTIVITY LEVELS



81% of children's physical activity levels worsened due to the pandemic and subsequent lockdowns

81% of children experienced an improvement in their physical activity levels



From the pack, I most enjoyed...

"Watching my child have FUN and get back to LOVING PHYSICAL ACTIVITY"

MENTAL HEALTH

56% of children's and 66% of parents/guardians' mental health worsened due to the pandemic and subsequent lockdowns



62% of children **59%** of parents/guardians felt an improvement in their mental health

"It really cheered everyone up to receive the pack"



"Great idea, helpful in assisting motivating my disabled daughter"



FAMILY TIME

75% of families spent more time together



"The pack has helped us spend time together"